

Thank you for helping us to understand your child by coming and talking to their teacher last week. We found it a very valuable experience and I am sure you did also.

Thank you also for not parking in the staff car parks. We have had less congestion so the children are much safer when leaving the school grounds.

Even after only 11 days of school, the lost property piles are growing. Please check that your children do bring home their belongings. If you are looking for lost clothing then check first in your child's classroom and then check in the cloakbay outside Room 13 (near the hall) as unclaimed belongings are put there.



Regards, Kay Cleaver, Principal.

Upcoming Events

| | | |
|-------------|------------------|---|
| Wed & Thurs | 12 & 13 February | Parent Meetings |
| Monday | 24 February | Board meeting |
| Wednesday | 4 March | Triathlon - Teina and Tuakana (details to come) |
| Friday | 20 March | Potiki Road Safety Show |
| Friday | 27 March | School Photos |
| Thursday | 9 April | Term 1 Ends |

BREAKFAST IDEAS

A CRACKING BREAKFAST

Eggs are a great source of protein which helps us to grow strong, healthy muscles. Add some wholegrain toast for a tasty, filling breakfast.

- Scrambled - add herbs for extra flavour
- Boiled
- Poached

BOILED

SCRAMBLED

POACHED

TIP:
Add spinach, tomato or avocado for extra goodness

Developed by Sport Waikato 2019

BREAKFAST IDEAS

EASY OMELETTE

- 2 eggs
- 2 Tbsp water or milk
- Pinch of salt and pepper
- 1/2 c filling - edam cheese and/or your favourite vegetables e.g. tomato, capsicum

Whisk eggs, milk, salt & pepper and pour into a medium sized, non-stick pan. When the egg mixture is nearly cooked add the filling to one half of the omelette and gently fold the other half on top.

Serve immediately!

Developed by Sport Waikato 2019

Writing by Room 2 Authors

Just because you're a girl doesn't mean you like barbie dolls, my sister likes rubbish trucks. Just because you're a dog doesn't mean you play all the time, some dogs like to help. Just because you're a Dad doesn't mean you stay on your phone, my dad likes sport. Just because you're a mum, doesn't mean you have to do stuff all the time, my mum likes to spend time resting.
- by Peyton.

Just because you're a grandma doesn't mean you sit on a chair and knit all day. My grandma likes to travel to Iran. Just because you're a mum doesn't mean you clean all day. My mum goes to the shop at six am and bakes naan bread. Just because you're a brother doesn't mean you are nice. My brother likes to tell on me all the time. Just because you're an older brother doesn't mean you are unkind. Hamid is my older brother, he doesn't like to hug or anything but he is kind to me.
- by Elaha

Just because you're a big sister who likes to sit on the couch and watch netflix doesn't mean you'll watch it all day. My big sister likes exploring outside and looking for little bugs and cicadas to look at closely. Just because I'm a little girl who likes to watch a phone doesn't mean I'll watch it all day. I like to go riding with my dad.
Just because you're a dad who likes to sleep all day doesn't mean you'll do it all day. My dad likes to go riding on his motorbike. Just because you're a nan who likes to sit on the couch and knit, doesn't mean you'll do it all day. My nana likes to go riding to her work at Chartwell in the sea food department.
- by Asha-Rose.

Just becausey you're a mum doesn't mean you like cooking. My Mum likes to eat delicious sweet treats. Just because you're a dad doesn't mean you like watching the All Blacks play rugby. My Dad likes mowing the lawns. Just because you're a teenager doesn't mean you like bossing me around. My sister likes to stare at her phone and sleep in.
Just because you're a dog doesn't mean you like digging holes. My dog likes to steal things and run around the house like crazy.
Just because I am a girl doesn't mean I like to stay indoors, I like to play sports.
Just because you're a Nan doesn't mean you like to sleep all day. My Nan likes to drive around Hamilton and eat toffee. Just because you are a grandpa doesn't mean you wlak with a walking stick. My grandpa likes to sleep in and go on Facebook.
- by Sadie.